Flu and COVID-19 Vaccination

An infection caused by the flu or COVID-19 virus can be serious and lead to hospitalization or death.

You are at risk of complications if you

- are age 60 years or older
- have a chronic illness (for example, diabetes or heart disease)

Why Get Vaccinated?

- To prevent serious consequences such as pneumonia and blood clots in the lungs, heart or legs (clump of blood that forms in an artery)
- To reduce hospitalizations and deaths
- To protect your loved ones and vulnerable individuals around you
- Vaccination is the best way to protect yourself against the flu and COVID-19.

Did You Know?

Getting the flu and COVID-19 vaccines at the same time is safe and effective.

- It is recommended to get vaccinated against the flu and COVID-19 every year.

How to Book an Appointment to Get Vaccinated

clicsante.ca

1 877-644-4545

FREE

Questions about vaccination?

Talk to your pharmacist or doctor, or to another health professional

To talk to a nurse, call Info-Santé at 811, option 1.

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Québec